



Dr. Lauren Nappen
Original Medicine



*Always live in the direction
of your Joy.
It's where the
medicine of your heart awaits...*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Original Medicine AM Ahhhjusting PM	2 Ahhhjusting AM Original Medicine PM	3 Original Medicine AM Ahhhjusting PM	4 Original Medicine	5 Ahhhjusting AM	6
7	8 Original Medicine AM Ahhhjusting PM	9 Ahhhjusting AM Original Medicine PM	10 Original Medicine AM Ahhhjusting PM	11 Original Medicine	12 Ahhhjusting AM	13
14	15 Original Medicine AM Ahhhjusting PM	16 Ahhhjusting AM Original Medicine PM	17 Original Medicine AM Ahhhjusting PM	18 Original Medicine	19 Ahhhjusting AM	20
21	22 Original Medicine AM Ahhhjusting PM	23 Ahhhjusting AM Original Medicine PM	24 Original Medicine AM Ahhhjusting PM	25 Original Medicine	26 Ahhhjusting AM	27 BACH Flower Level II
28 BACH Flower Level II	29 Original Medicine AM Ahhhjusting PM	30 Ahhhjusting AM Original Medicine PM	31 Original Medicine AM Ahhhjusting PM			

October 2018

*Original Medicine raises the
vibration of your heart.*

*Ahhhjustments raise the
vibration of your body.*

*With both, you rise to the occasion
of your soul and live through
the sanctuary of your Spirit.*



BACH Flower

October 27-28: Self Mastery