



Dr. Lauren Nappen  
Original Medicine



*Always live in the direction  
of your Joy.  
It's where the  
medicine of your heart awaits...*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Closed Dr. L's Birthday!	2 Ahhhjusting AM	3
4	5 Original Medicine AM Ahhhjusting PM	6 Ahhhjusting AM Original Medicine PM	7 Original Medicine AM Ahhhjusting PM	8 Original Medicine	9 Ahhhjusting AM	10 BACH Flower Level I
11 BACH Flow- er Level I	12 Original Medicine AM Ahhhjusting PM	13 Ahhhjusting AM Original Medicine PM	14 Original Medicine AM Ahhhjusting PM	15 Original Medicine	16 Ahhhjusting AM	17
18	19 Original Medicine AM Ahhhjusting PM	20 Ahhhjusting AM Original Medicine PM	21 Original Medicine AM Ahhhjusting PM	22 CLOSED Thanksgiving	23 Ahhhjusting AM	24
25	26 Original Medicine AM Ahhhjusting PM	27 Ahhhjusting AM Original Medicine PM	28 Original Medicine AM Ahhhjusting PM	29 Original Medicine	30 Ahhhjusting AM	

## November 2018

*Original Medicine raises the  
vibration of your heart.*

*Ahhhjustments raise the  
vibration of your body.*

*With both, you rise to the occasion  
of your soul and live through  
the sanctuary of your Spirit.*



**BACH Flower I**  
Human Potential  
November 10-11