



Dr. Lauren Nappen  
Original Medicine



*Always live in the direction  
of your Joy.  
It's where the  
medicine of your heart awaits...*

# JANUARY 2020



*Original Medicine*

It's pure magic.

*Spiritual Alchemy*

Original Medicine raises the vibration of your body.  
Spiritual Alchemy raises the vibration of your heart.

With both, you rise to the occasion of your soul and live through the Sanctuary of your Spirit.



One thought becomes your whole mind.

*There's a flower for that...*

**BACH Flower**

February 22-23: Human Potential  
March 28-29: Pets & People

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>NEW YEARS DAY</b>	2 <b>Original Medicine</b> Spiritual Alchemy Counseling Nutrition Magic	3 <b>Ahhhjusting AM</b>	4
5	6 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	7 <b>Ahhhjusting AM</b> <b>Original Medicine PM</b>	8 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	9 <b>Original Medicine</b> Spiritual Alchemy Counseling Nutrition Magic	10 <b>Ahhhjusting AM</b>	11
12	13 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	14 <b>Ahhhjusting AM</b> <b>Original Medicine PM</b>	15 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	16 <b>Original Medicine</b> Spiritual Alchemy Counseling Nutrition Magic	17 <b>Ahhhjusting AM</b>	18
19	20 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	21 <b>Ahhhjusting AM</b> <b>Original Medicine PM</b>	22 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	23 <b>Original Medicine</b> Spiritual Alchemy Counseling Nutrition Magic	24 <b>Ahhhjusting AM</b>	25
26	27 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	28 <b>Ahhhjusting AM</b> <b>Original Medicine PM</b>	29 <b>Original Medicine AM</b> <b>Ahhhjusting PM</b>	30 <b>Original Medicine</b> Spiritual Alchemy Counseling Nutrition Magic	31 <b>Ahhhjusting AM</b>	

Calendar subject to change. Please call ahead to confirm appointment.

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